

Curriculum Vitae

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EDUCATION

- 9/1980 – 6/1983 Bridgeport High School, Magna Cum Laude
Bridgeport, Michigan
- 9/1983 – 5/1987 B.S., with High Distinction, Cellular and Molecular Biology
University of Michigan, Ann Arbor, Michigan
- 8/1987 – 5/1991 M.D., University of Michigan Medical School
Ann Arbor, Michigan

POSTGRADUATE TRAINING

- 6/1991 – 6/1994 Resident, Department of Family Medicine
UCLA Medical Center, Los Angeles, California
- 7/1994 – 7/1996 Clinical Instructor and Sports Medicine Fellow
UCLA Medical Center, Los Angeles, California

CERTIFICATION AND LICENSURE

- 1992 – 1996 California Physician and Surgeon Certificate, #G074998
- 1992 – present United States Drug Enforcement Agency, #BH3409162
- 1996 – present State of Michigan, Physician License # 4301069030
- 1997, 2006 Certificate of Added Qualification, Sports Medicine
- 1994, 2001, 2008 Diplomate, American Board of Family Practice (recertified 2001, 2008)
- 1996 - present Advanced Cardiac Life Support Re-certification

ACADEMIC APPOINTMENTS

8/1996 – present Assistant Professor, Clinical Track
Department of Family Medicine
University of Michigan Medical Center

11/2001 – present Assistant Professor, Clinical Track
Department of Orthopaedic Surgery
University of Michigan Medical Center

CLINICAL APPOINTMENTS

11/2001 – present Staff Physician, MedSport Dominos Farms and Brighton Health Center

HONORS AND AWARDS

1993 Burroughs Welcome Family Practice Resident Scholar

1999 “Award for Excellence in Teaching”
University of Michigan Department of Family Medicine

2008 Honored guest speaker
Bridgeport High School Commencement Exercises

MEMBERSHIP AND OFFICES IN PROFESSIONAL SOCIETIES

1991 – present Member, American Academy of Family Practice

1995 – present Member, American Medical Society for Sports Medicine

1995 – present Member, American College of Sports Medicine

2004 – present Member, United States Olympic Sports Medicine Society

SCIENTIFIC ACTIVITIES

1997 – 2001 Reviewer, *The Physician and Sports Medicine*

1998 – 2001 Reviewer, *American Family Physician*

TEACHING ACTIVITIES

- 1994 – 1996 Outpatient Attending Physician, UCLA Medical Center
medical students, house officers
- 1996 – 2002 Inpatient Attending Physician, Chelsea Community Hospital
- 1996 – present Outpatient Attending Physician, University of Michigan
house officers (family practice, pediatrics, PM&R)
sports medicine fellows
medical students
nurse practitioner students
physical therapy students
Internal Medicine Faculty

PROFESSIONAL ACTIVITIES

- 1992 – 1994 *Doctors of the Night* Free Clinic, Volunteer Physician
- 1992 – 1994 FirstCare Walk-in Medical Group, Urgent Care Physician
- 1994 – 1996 *SCV Quality Care* Urgent Care Physician
- 1994 – 1996 Team Physician, Beverly Hills High School
Beverly Hills, California
- 1994 – 1995 Assistant Team Physician, Pepperdine University
Malibu, California
- 1994 – 1996 Assistant Team Physician, UCLA Department of
Intercollegiate Athletics, Los Angeles, California
- 1997 – 2000 Team Physician, Lincoln High School
Ypsilanti, Michigan
- 1997 – 2000 Assistant Team Physician, Hillsdale College
Hillsdale, Michigan
- 1997 – 2003 Team Physician, Eastern Michigan University
Ypsilanti, Michigan
- 2004 United States Olympic Committee Volunteer Physician
Colorado Springs, Colorado
- 1997 – 2009 Team Physician, USA Hockey National Development Team
Ann Arbor, Michigan
- 2003 – present Team Physician, University of Michigan Athletic Department
Ann Arbor, Michigan

COMMITTEE APPOINTMENTS

1987 – 1991	Financial Aid Committee University of Michigan Medical School
1995 – 1996	Executive Committee, PGA Championship Medical Coverage, Riviera Country Club, Los Angeles, California
1998 – 2001	Continuous Quality Improvement, Team Member Briarwood Family Practice Center
2002 – 2003	Department of Orthopaedic Surgery, Chair Search Committee University of Michigan Medical School
2002 - 2006	American Board of Family Practice Sports Medicine Angoff Committee
2005 – 2009	American Medical Society for Sports Medicine International Committee

EVENT COVERAGE

6/1992	United States Transplant Games Los Angeles, California
8/1995	77 th PGA Championship – Riviera Country Club Pacific Palisades, California
4/1996	Major League Soccer Los Angeles, California
5/1996	NCAA Men’s Volleyball Championship Los Angeles, California
6/1996	NCAA Women’s Golf Championship Palm Desert, California
12/1997	International Under-17 Hockey Tournament Swift Current, Canada
12/1998	21 st International Bern Junior Hockey Tournament Bern, Switzerland

4/1999 IHF World Junior Under-18 Championship
Fussen, Germany

2/2000 5-nations Under-18 Hockey Tournament
Rauma, Finland

2/2001 4-nations Under-18 Hockey Tournament
Chvojnica, Slovakia

4/2001 IHF World Junior Under-18 Championship
Vierumaki, Finland

6/2001 Dexter-Ann Arbor Half-Marathon
Ann Arbor, Michigan

2/2002 5-nations Under-18 Hockey Tournament
Tyumen, Russia

12/2002 Event Medical Officer
4-nations Cup Under-17 Hockey Tournament
Ann Arbor, Michigan

2/2003 Vlado Dzurilla International Ice Hockey Tournament
Piestany, Slovakia

2/2004 Vlado Dzurilla International Ice Hockey Tournament
Piestany, Slovakia

11/2004 Event Chief Medical Officer
Compuware 4-nations International Ice Hockey Tournament
Ann Arbor, Michigan

2/2005 5-nations Under-18 Hockey Tournament
Tjorn, Sweden

2/2006 Vlado Dzurilla International Ice Hockey Tournament
Piestany, Slovakia

11/2006 Event Chief Medical Officer
Phantom Fireworks 4-nations International Ice Hockey Tournament
Ann Arbor, Michigan

1/2007 Event Chief Medical Officer
4-nations International Ice Hockey Tournament
Ann Arbor, Michigan

2/2007 5-nations Under-18 Hockey Tournament
Most, Czech Republic

- 4/2007 IHF World Junior Under-18 Championship
Tampere, Finland
- 2/2008 Vlado Dzurilla International Ice Hockey Tournament
Piestany, Slovakia
- 2/2009 5-nations Under-18 Hockey Tournament
Nykoping, Sweden

PRESENTATIONS

- 1988 “Development of a Gas Exchange Monitor for Infants:
Measurement of Oxygen Kinetics in a Rabbit Model”

*Student Medical Research Forum University of Michigan
Ann Arbor, Michigan*
- 1991 “Diagnosis and Management of Ankle and Foot Pain”

UCLA Family Medicine Conference; Los Angeles, California
- 1993 “Management of Common Drug Overdoses”

UCLA Family Medicine Grand Rounds; Los Angeles, California
- 1994 “Drugs, Athletes, and Drug Testing”
“Sports Related Maxillofacial Injuries”

UCLA Sports Medicine Conference; Los Angeles, California
- 1995 “The Marfan Syndrome and Sudden Death”

Northridge Medical Center; Northridge, California
- 1995 “The Pre-participation Physical”

UCLA Medical Student Course; Los Angeles, California
- 1995 “Common Shoulder Problems”
“Exercise and Diabetes”
“Osteochondrosis and Osteochondritis Dissecans”

UCLA Family Medicine Conference; Los Angeles, California
- 1996 “Athletic Related Hip and Pelvis Injuries”
“The Disabled Athlete”

- “The Marfan Syndrome and Sudden Death”
 “Drugs, Athletes, and Drug Testing”
UCLA Sports Medicine Conference; Los Angeles, California
- 1996 “Osteochondroses”
UCLA Pediatric Conference; Los Angeles, California
- 1996 “Hand, Wrist, and Elbow Injuries”
UCLA Family Medicine Conference; Los Angeles, California
- 1996 “Osteolysis of the Distal Clavicle”
 “Strength Training and Related Injuries”
UCLA Sports Medicine Conference; Los Angeles, California
- 1997 “Rehabilitation Principles for Common Musculoskeletal Problems”
*Department of Family Medicine Spring Review Course
 University of Michigan; Ann Arbor, Michigan*
- 1997 “Examination of Acute Knee Injuries”
*Department of Family Medicine Office Procedures Course
 University of Michigan; Ann Arbor, Michigan*
- 1997 “Evaluation and Treatment of Ankle Injuries”
*Department of Family Medicine, Grand Rounds
 University of Michigan; Ann Arbor, Michigan*
- 1996 “Joint and Bursa Aspiration and Injection”
 “GI Problems in the Athlete: Case Discussions”
 “Screening for Cardiovascular Disease”
*Sports Medicine for the Primary Care Physician
 University of Michigan; Ann Arbor, Michigan*
- 1999 “Joint and Bursa Injections”
*Department of Family Medicine Spring Review Course
 University of Michigan; Ann Arbor, Michigan*
- 1999 “Varicose Vein Sclerotherapy”

*Department of Family Medicine, Grand Rounds
University of Michigan; Ann Arbor, Michigan*

- 2000 “Sports Related Maxillofacial Injuries”
“Exercise and Diabetes”
“The Marfan Syndrome and Sudden Death”
“Examination of the Hip”
“Injuries to the Hip and Pelvis”

*Sports Medicine for the Clinician
Vail, Colorado*
- 1999 “Examination of the Hip and Groin”
“Examination of the Knee”
“Approach to Knee Pain”

*Sports Medicine for the Primary Care Physician
University of Michigan; Ann Arbor, Michigan*
- 2000 “Tendinopathies: Revised Approach to Pathology and Treatment”

*Department of Family Medicine, Grand Rounds
University of Michigan; Ann Arbor*
- 2002 “Tendinopathy: A New Approach”

*MedSport Knee and Shoulder Conference
Ypsilanti, Michigan*
- 2002 “Pre-participation Exam: Separating Fact from Fear”

*ACSM 49th Annual Conference
St Louis, Missouri*
- 2002 “Tendinopathies: Managing and Treating Painful Tendons”
“Varicose Vein Sclerotherapy”
“Sports Injuries to the Face”
“Pre-participation Sports Physicals”
“Groin Pain in the Athlete”

*38th Northern Michigan Summer Conference
Bellaire, Michigan*
- 2002 “Hip Examination Workshop”

*Sports Medicine for the Primary Care Physician
University of Michigan; Ann Arbor, Michigan*

- 2003 “Sports Hernia”

MedSport, Lower Extremity Conference
Ypsilanti, Michigan
- 05/2003 “Knee Pain – Weight Lifter: A Case of Saphenous Neuritis”
ACSM’s 50th Annual Conference
San Francisco, California
- 05/2003 “The Preparticipation Examination: Fact vs. Fiction”
ACSM’s 50th Annual Conference
San Francisco, California
- 06/2004 “Patellar Tendinopathy”
2004 State of Michigan Arthritis Collaborative Partnership
Interactive Video Conference
Ann Arbor, Michigan
- 10/2004 “Diagnostic Imaging: Choosing the Right Study”
“Hip Examination Workshop”
Sports Medicine for the Primary Care Physician
Ann Arbor, Michigan
- 10/2005 “Musculoskeletal Diagnostic Imaging for the Primary Care Physician”
“Hip/Pelvis Examination Workshop”
Sports Medicine for the Primary Care Physician
Ann Arbor, Michigan
- 01/2006 “Evaluation of Shoulder and Elbow Complaints”
Course Director
Sports Medicine for the Practicing Pediatrician
Ann Arbor, Michigan
- 05/2006 “Novel Treatments of Tendinopathies”
University of Michigan Athletic Department
Current Issues in Sports Medicine
Ann Arbor, Michigan
- 06/2006 “Concussion Management”
2006 Athletic Trainer Conference
Ann Arbor, Michigan
- 10/2006 “Joint Injections and Aspiration”
Sports Medicine for the Primary Care Physician
Ann Arbor, Michigan
- 09/2007 “Musculoskeletal Imaging”

*University of Michigan Department of Family Medicine
Grand Rounds
Ann Arbor, Michigan*

- 10/2007 “Injection and Aspiration Workshop”
“Musculoskeletal Imaging”
*Sports Medicine for the Primary Care Physician
Ann Arbor, Michigan*
- 03/2008 “Ultrasound-Guided Needling in a Case of Proximal Iliotibial Band
Tendonopathy”
*AMSSM Annual Conference
Las Vegas, Nevada*
- 10/2008 “Diagnostic and Therapeutic Musculoskeletal Injections”
“Musculoskeletal Injection Techniques”
*Sports Medicine for the Primary Care Physician
Ann Arbor, Michigan*
- 12/2008 “Nondiscogenic Causes of Sciatic Nerve Symptoms: A Pictorial Review”
Morag Y, Brandon C, Housner J, Colwell M, Jacobson J
*Radiologic Society of North America Annual Meeting
Chicago, Illinois*
- 04/2009 “Tender Hip Lump in a Skateboarder: Case Report of Morel-Lavallee lesion”
*AMSSM Annual Conference
Tampa, Florida*

BIBLIOGRAPHY

PEER- REVIEWED ARTICLES

1. Hirschl RB, Heiss KF, Cilley RE, Hultquist KA, Housner JA, Bartlett RB:
Oxygen Kinetics in Experimental Sepsis, *Surgery* 112(1): 37-44, 1992
2. Master T, Housner JA, Kiningham R: Foot Pain in a Track Athlete, *Med Sci
Sport Exer* 33(5suppl): S182, May 2001
3. Ebrahim FS, Jacobson JA, Lin J, Housner JA, Hayes CW, Resnick D:
Intraarticular Osteoid Osteoma: Sonographic Findings in Three Patients
With Radiographic, CT, and MR Imaging Correlation, *American Journal of
Radiology* 177:1391-1395, December 2001
4. Housner JA, Wojtys EM: Knee Pain: A Case of Saphenous Neuritis, *Med Sci Sport Exer* 35 (5
Suppl):S312, May 2003
5. Housner JA, Kuhn JE: Clavicle Fractures, *Phys Sport Med* 12(31):30-36, Dec 2003

6. Roth CJ, Jacobson JA, Jamadar DA, Caoili EM, Morag Y, Housner JA: Quadriceps fat pad signal intensity and enlargement at MRI: prevalence and associated findings. *Supplement to American Journal of Roentgenology* 182:17, Jul 2004
7. Pujalte GGA, Housner JA: Bilateral Shoulder Pain: A Case of Minocycline Induced Myalgia, *Med Sci Sport Exer* 40(5 Suppl):S142, May 2008
8. Housner JA, Jacobson JA, Misko R: Ultrasound-Guided Needle Tenotomy for the Treatment of Chronic Tendinosis, *J Ultra Med (accepted for publication March 2009; in press)*
9. Pujalte GGA, Housner JA: Hockey Shoulder Injury: A Case of Luxatio Erecta, *Med Sci Sport Exer* 41(5 Suppl):S1237, May 2009
10. Weibel JA, Housner JA: Shoulder Pain Baseball Pitcher: A Case of First Rib Stress Fracture, *Med Sci Sports Exer* 41(5 Suppl):S1149, May 2009

NON-PEER REVIEWED ARTICLES

1. Housner JA, Schwenk TL: Patient Rehabilitation Health Guides, *Consultant* July, August, September 1997
2. Housner JA, Schwenk TL: Musculoskeletal Injuries: 10 Principles of Rehabilitation, *Consultant*, 37(7): 1777-1796, July 1997
3. Foster ZJ, Housner JA: Anabolic-Androgenic Steroids and Testosterone Precursors: Ergogenic Aids and Sports. *Current Sports Medicine Reports* 3(4):234-241, Aug 2004
4. Dhanoa TS, Housner JA: Ribose: More Than a Simple Sugar? *Current Sports Medicine Reports* 6(4):254-257, Aug 2007
5. Pujalte GGA, Housner JA: Management of Clavicle Fractures. *Current Sports Medicine Reports* 7(5):275-280, Aug 2008.

BOOK CHAPTERS

1. Housner JA, Green GA: Gastrointestinal Problems in Athletes, In Sallis RE And Massimino F, (eds): *ACSM's Sports Medicine Review*, Philadelphia, Mosby – Year Book Inc., pp. 38-41, 1997
2. Housner JA, Green GA: Gastrointestinal Problems in Athletes. In Sallis RE And Massimino F, (eds): *ACSM's Essentials of Sports Medicine*, Philadelphia, Mosby – Year Book Inc., pp. 80-92, 1997
3. Housner JA: Carpal Tunnel Syndrome. *The Clinics Atlas of*

Office Procedures: Common Musculoskeletal Injuries, 1(2): 270-296
December 1998

4. Housner JA: Hip Pain: A Systematic Approach to Diagnosis. *Clinics in Family Practice: Sports Medicine*, 1(1): 185-208, December 1999

5. Housner JA: Hip Pain, In Puffer JC (ed): *Twenty Common Problems in Sports Medicine*, McGraw-Hill Co., pp. 133-152, 2002

WEB-BASED ARTICLES

1. Steps to Take for Clavicle Fractures

http://www.physsportsmed.com/issues/2003/1203/housner_pa.htm

December 2003

2. Olympics Could Call Out the Couch Potatoes

<http://www.healthday.com/view.cfm?id=520616>

August 2004

3. Case Discussion: Ankle/Foot Pain

<http://www.askthepodcastdoctor.com>

December 2007

4. Case Discussion: Runner's arthritis

<http://www.askthepodcastdoctor.com>

January 2008